



St Michael with St Mary

Holy Communion in Lent and Passiontide



The Gathering

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.

The Lord be with you
and also with you.

Words of welcome and introduction

Prayers of Preparation and Penitence

We kneel or sit

Our Lord Jesus Christ said:
The first commandment is this:
'Hear, O Israel, the Lord our God is the only Lord.
You shall love the Lord your God with all your heart,
with all your soul, with all your mind,
and with all your strength.'

The second is this:
'Love your neighbour as yourself.'

There is no other commandment greater than these.
On these two commandments
hang all the law and the prophets.

Amen. Lord, have mercy.

Our penitential prayers use either the Lent Prose or the Kyries, Lord have mercy,

Hear us O Lord, have mer - cy up - on us:
for we have sin - ned a - gainst thee.

To thee, Redeemer, on thy throne of glory:
lift we our weeping eyes in holy pleadings:
listen, O Jesu, to our supplications.

Hear us O Lord...

O thou chief cornerstone, right hand of the Father:
way of salvation, gate of life celestial:
cleanse thou our sinful souls from all defilement.

Hear us O Lord...

God, we implore thee, in thy glory seated:
bow down and hearken to thy weeping children:
pity and pardon all our grievous trespasses.

Hear us O Lord...

Sins oft committed, now we lay before thee:
with true contrition, now no more we veil them:
grant us, Redeemer, loving absolution.

Hear us O Lord...

Innocent captive, taken unresisting:
falsely accused, and for us sinners sentenced,
save us, we pray thee, Jesu, our Redeemer.

Hear us O Lord...

Lord - - have mer - cy, Lord - - have mer - cy;
Christ - - have mer - cy, Christ - - have mer - cy;
Lord - - have mer - cy, Lord - - have mer - cy.

May God who loved the world so much
that he sent his Son to be our Saviour
forgive us our sins
and make us holy to serve him in the world,
through Jesus Christ our Lord.
Amen.

The Collect

Liturgy of the Word

Readings

At the end of each the reader may say
This is the word of the Lord.
Thanks be to God.

The Gospel

Before the reading

Hear the Gospel of our Lord Jesus Christ according to...
Glory to you, O Lord.

At the end

This is the Gospel of the Lord.
Praise to you, O Christ.

Sermon

Prayers of Intercession

at the end

Merciful Father,
accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.

Liturgy of the Sacrament

The Peace

The peace of the Lord be always with you
and also with you.

The Eucharistic Prayer

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right,
it is our duty and our joy,
at all times and in all places
to give you thanks and praise,
holy Father, heavenly King,
almighty and eternal God,
through Jesus Christ our Lord.

A seasonal 'Proper Preface' may be added here

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and *singing*:

organ

Ho-ly, Ho-ly, Ho-ly Lord, God of pow-er and might,
— hea-ven and earth are full of your glo - ry. Ho - san - na in the high -
est. Bless-ed is he who comes in the name - of the
Lord. Ho - san - na in the high - est.

All glory be to you, our heavenly Father,
who, in your tender mercy,
gave your only Son our Saviour Jesus Christ
to suffer death upon the cross for our redemption;
who made there by his one oblation of himself once offered
a full, perfect and sufficient sacrifice, oblation and satisfaction for the sins of the whole
world;
he instituted,
and in his holy gospel commanded us to continue,
a perpetual memory of his precious death
until he comes again.

Hear us, merciful Father, we humbly pray,
and grant that, by the power of your Holy Spirit,
we receiving these gifts of your creation,
this bread and this wine,
according to
your Son our Saviour Jesus Christ's holy institution,
in remembrance of his death and passion,
may be partakers of his most blessed body and blood;
who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Jesus Christ is Lord

**Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

Therefore, Lord and heavenly Father,
in remembrance of the precious death and passion,
the mighty resurrection and glorious ascension
of your dear Son Jesus Christ,
we offer you through him
this our sacrifice of praise and thanksgiving.

Grant that by his merits and death,
and through faith in his blood,
we and all your Church may receive forgiveness of our sins
and all other benefits of his passion.
Although we are unworthy, through our manifold sins,
to offer you any sacrifice,
yet we pray that you will accept this
the duty and service that we owe.
Do not weigh our merits, but pardon our offences,
and fill us all who share in this holy communion
with your grace and heavenly blessing;

through Jesus Christ our Lord,
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

The Lord's Prayer

As our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

Breaking of the Bread

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

**We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ
and to drink his blood,
that our sinful bodies may be made clean by his body
and our souls washed through his most precious blood
and that we may evermore dwell in him, and he in us. Amen.**

organ

Lamb of God, you take a - way the sins

1.2. 3.

of the world, have mer-cy on us. grant us peace.

Prayer after Communion

Sit

A collect may be said, and then

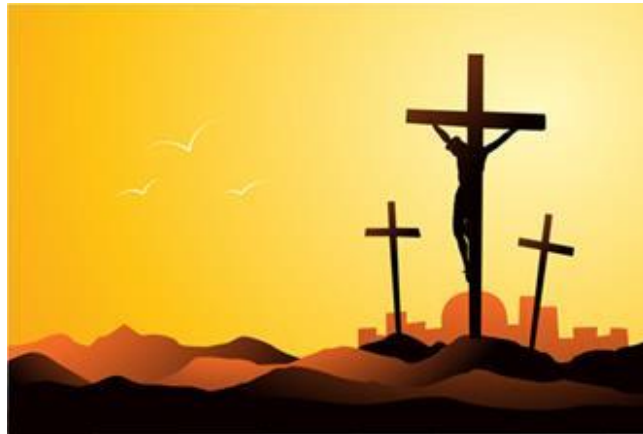
**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

Dismissal

The president will use a seasonal blessing followed by

Go in peace to love and serve the Lord.

In the name of Christ. Amen.



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The Parish Office
The Vicarage
St Michael's Street
St Albans, AL3 4SL

www.stmichaels-parishchurch.org.uk/